

GENOMIND®

PROFESSIONAL PGx™



PERSONAL. PROVEN. PRECISE.

Patient:	Example Patient	Sample ID:	1000001111
Patient DOB:	07/31/1973	Accession ID:	91111
Ordering Clinician:	Example Clinician	Sample Collection Date:	04/01/2019
Sample Type:	Buccal	Sample Received Date:	04/02/2019
Assay Ordered:	Genomind Professional PGx 3.0	Report Date:	04/05/2019 10:17 AM

Electronically Signed By

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Literature Information Reviewed By

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Genomind Professional PGx is intended to assist health care professionals in the selection of safe and appropriate pharmaceuticals and other treatment modalities for patients with mental illness and other brain disorders. This report is designed to be adjunctive to a complete patient assessment, including, but not limited to, proper diagnosis, clinical history, assessment of concomitant co-morbidities and medications, family history, and other factors.

Personalized Consultation Available for Clinicians

A complimentary consultation, performed by our expert psychopharmacologists, is included with all Genomind® Professional PGx™ tests.


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*Diagnosis specific summaries are available for the diagnoses of depression, anxiety & related disorders, bipolar disorder, pain management and ADHD. The provided pages in this report are the closest fit for this individual's diagnosis, as provided to us. All 5 summaries, however, are available to you in the Summary Diagnoses Pages.

Disclaimer: The following report provides a summary of the pharmacokinetic and pharmacodynamic impact certain genes can have on particular drugs. This report is intended to serve as a guide for health care professionals to compare different medication options based on an individual patient's genetics. This report is not intended to recommend a particular course of treatment or medication for a patient. Prescribing health care professionals must use their independent medical judgment and are solely responsible for determining the most appropriate medication for their patients. The clinician must consider other relevant clinical factors in determining which is the most appropriate medication. The test results in this report are intended to be prognostic and not diagnostic. The understanding of the relationship between genetics and pharmacokinetics and pharmacodynamics changes periodically; this report will not be updated to reflect new information. A White Paper summarizing individual gene-drug associations, strength of evidence and effect size is available upon request.




I. PHARMACODYNAMIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
<p>SLC6A4</p> <p>S/S [Low Activity]</p>	<p>Serotonin Transporter (SLC6A4) is a synaptic transporter protein responsible for serotonin reuptake</p> <ul style="list-style-type: none"> SSRIs act by blocking this transporter to produce a therapeutic response In Caucasians, lower likelihood of remission and increased side effect risk with SSRIs Potential for increased cortisol release in response to stress 		<p>Assess alternatives to SSRIs in Caucasians</p> <p>Therapeutic options: SNRIs or other non-SSRI antidepressants may be considered if clinically indicated</p>
<p>BDNF</p> <p>Val/Met [Altered BDNF secretion]</p>	<p>Brain-derived Neurotrophic Factor (BDNF) is a protein involved in neuronal development and neural plasticity</p> <ul style="list-style-type: none"> Studies have shown that Met carriers of Caucasian ancestry may have a poorer response to SSRIs, and improved response to SNRIs or TCAs. Further studies need to confirm these findings Studies show that Met carriers of Asian ancestry may have an improved response to SSRIs Exercise has been linked to improvements in cognition and stress response, with Met carriers showing a more pronounced response 		<p>Therapeutic options: increased levels of physical activity/exercise if clinically appropriate</p> <p>Ethnicity dependent antidepressant response</p>
<p>MTHFR</p> <p>C677T: C/T A1298C: A/C [Low to intermediate activity]</p>	<p>Methylenetetrahydrofolate Reductase (MTHFR) is an enzyme responsible for the conversion of folic acid to methylfolate, which is a cofactor needed for serotonin, norepinephrine, and dopamine synthesis</p> <ul style="list-style-type: none"> Risk for reduced MTHFR enzyme activity and reduced methylfolate production L-methylfolate supplementation of SSRIs and SNRIs may result in greater symptom reduction compared to SSRIs/SNRIs alone in major depressive disorder L-methylfolate may be an effective monotherapy for patients with major depressive disorder 		<p>Therapeutic options: L-methylfolate may be used if clinically indicated</p>
<p>COMT</p> <p>Val/Val [High activity]</p>	<p>Catechol-O-Methyltransferase (COMT) is an enzyme responsible for breakdown of dopamine in the frontal cortex of the brain</p> <ul style="list-style-type: none"> Risk for increased COMT enzyme activity and a parallel decrease in frontal cortex dopamine and working memory Dopaminergic stimulants may lead to greater improvements in executive function as compared to Val/Met or Met/Met patients Brain stimulation therapies such as electroconvulsive therapy (ECT) and transcranial magnetic stimulation (TMS) have been demonstrated to increase dopamine in the prefrontal cortex or are associated with improved response in Val/Val patients Studies have shown that Val/Val patients used higher doses of opioids to achieve analgesia 	 	<p>Monitor opioid dose response</p> <p>Therapeutic options: dopamine enhancing agents may be considered if clinically indicated</p>
<p>ADRA2A</p> <p>C/G [Improved response]</p>	<p>Alpha-2A Adrenergic Receptor (ADRA2A) is a receptor which plays an important role in norepinephrine signaling</p> <ul style="list-style-type: none"> Improved response to stimulants (mostly methylphenidate studies) for symptoms of attention deficit/hyperactivity disorder in children and adolescents as compared to those with the C/C genotype 		<p>Therapeutic options: methylphenidate may be considered for attention deficit/hyperactivity disorder if clinically indicated</p>

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I. PHARMACODYNAMIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
<p>HLA-B *15:02</p> <p>Detected [Increased risk of skin reactions]</p>	<p>Major histocompatibility complex, class I, B (HLA-B) is part of a cluster of genes known as the Human Leukocyte Antigen complex</p> <ul style="list-style-type: none"> Certain variants greatly increase risk of severe drug induced skin reactions, including Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN) This genotype is associated with increased risk of skin reactions with carbamazepine, oxcarbazepine, phenytoin, and fosphenytoin Based on clinical data or similar drug structure, lamotrigine, phenobarbital, and eslicarbazepine may also be associated with increased risk of skin reactions in patients with this genotype https://cpicpgx.org/guidelines/guideline-for-carbamazepine-and-hla-b/ https://cpicpgx.org/guidelines/guideline-for-phenytoin-and-cyp2c9-and-hla-b 		<p>Do not initiate carbamazepine, oxcarbazepine, phenytoin or fosphenytoin. Caution with lamotrigine, eslicarbazepine, or phenobarbital</p>
<p>MC4R</p> <p>A/A [High weight gain risk]</p>	<p>Melanocortin 4 Receptor (MC4R) is a receptor that plays a central role in the control of food intake</p> <ul style="list-style-type: none"> Risk of increased weight gain and metabolic changes with 2nd generation antipsychotics <p>Higher risk: clozapine; olanzapine Medium risk: aripiprazole; brexpiprazole, iloperidone; paliperidone; quetiapine; risperidone Lower risk: asenapine; cariprazine; lurasidone; ziprasidone</p>	 	<p>Higher risk of weight gain and metabolic changes with various 2nd generation antipsychotics</p> <p>Anti-obesity interventions may be used if clinically indicated</p>
<p>HTR2A</p> <p>G/G [Normal response]</p>	<p>Serotonin Receptor 2A (HTR2A) is a serotonin receptor which is a target for several serotonergic drugs</p> <ul style="list-style-type: none"> This genotype confers normal activity 		<p>No known significant clinical impact</p>
<p>HLA-A *31:01</p> <p>Not Detected [Normal]</p>	<p>Major histocompatibility complex, class I, A (HLA-A) is part of a cluster of genes known as the Human Leukocyte Antigen complex</p> <ul style="list-style-type: none"> Certain variants greatly increase risk of drug induced skin reactions This genotype is associated with normal risk of skin reactions with carbamazepine 		<p>Normal risk of skin reactions with carbamazepine</p>
<p>DRD2</p> <p>C/C [Normal activity]</p>	<p>Dopamine Receptor D2 (DRD2) is a receptor activated by dopamine in the brain</p> <ul style="list-style-type: none"> DRD2 is involved in response to antipsychotics This genotype confers normal activity 		<p>No known significant clinical impact</p>
<p>5HT2C</p> <p>C/C [Standard weight gain risk]</p>	<p>Serotonin Receptor 2C (5HT2C) is a receptor involved in the regulation of satiety</p> <ul style="list-style-type: none"> Some 2nd generation antipsychotics act by blocking this receptor Patients with the C/C genotype have standard risk of weight gain with 2nd generation antipsychotics. C/C is the most common genotype <p>Higher risk: clozapine; olanzapine Medium risk: aripiprazole; brexpiprazole; iloperidone; paliperidone; quetiapine; risperidone Lower risk: asenapine; cariprazine; lurasidone; ziprasidone</p>		<p>Assess weight gain risk with various second generation antipsychotics</p>
<p>ANK3</p> <p>C/C [Normal activity]</p>	<p>Sodium Channel (ANK3) is a protein that plays a role in sodium ion channel function and is involved in excitatory signaling in the brain</p> <ul style="list-style-type: none"> This genotype confers normal activity 		<p>No known significant clinical impact</p>

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I. PHARMACODYNAMIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
<p>CACNA1C</p> <p>G/A [Altered neuronal signaling]</p>	<p>Calcium Channel (CACNA1C) is a subunit of L-type voltage gated calcium channels, which are involved in excitatory signaling in the brain</p> <ul style="list-style-type: none"> Altered calcium signaling may be clinically associated with impairment of mood or cognition A single A allele confers only modest changes to measurable physiological parameters 		No known significant clinical impact
<p>OPRM1</p> <p>A/A [Normal activity]</p>	<p>μ-Opioid Receptor (OPRM1) is an opioid receptor which is affected by endogenous and exogenous opioids</p> <ul style="list-style-type: none"> OPRM1 is involved in response to opioids This genotype confers normal activity 		No known significant clinical impact
<p>GRIK1</p> <p>A/A [Normal activity]</p>	<p>Glutamate Receptor Kainate 1 (GRIK1) is an excitatory neurotransmitter receptor</p> <ul style="list-style-type: none"> GRIK1 is involved in response to topiramate for alcohol abuse Patients of European descent with the A allele may be less likely to respond to topiramate for alcohol use disorder; future studies, however, are needed to confirm these findings 		No known significant clinical impact









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II. PHARMACOKINETIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
<p>CYP2C9 IM</p> <p>*1/*3 [Intermediate activity]</p>	<p>Intermediate metabolizer: Risk of elevated serum levels & drug interactions, or decreased production of active metabolites</p> <ul style="list-style-type: none"> A dose adjustment or alternate therapy may be considered 		Be advised that there may be altered exposure to medications metabolized by CYP2C9
<p>CYP2D6 PM</p> <p>*4/*4 [Low activity]</p>	<p>Poor metabolizer: Risk of elevated serum levels & drug interactions, or decreased production of active metabolites</p> <ul style="list-style-type: none"> A dose adjustment or alternate therapy may be considered 		Be advised that there may be altered exposure to medications metabolized by CYP2D6
<p>UGT1A4 UM</p> <p>*1a/*3b [Increased activity]</p>	<p>Ultrarapid metabolizer: Risk of decreased serum levels. Possible adverse events associated with increased active metabolites</p> <ul style="list-style-type: none"> A dose adjustment or alternate therapy may be considered 		Be advised that there may be altered exposure to medications metabolized by UGT1A4
<p>ABCB1 (rs2032583)</p> <p>A/G [Increased absorption/penetration]</p>	<p>ATP Binding Cassette B1 (ABCB1) encodes for P-glycoprotein (P-gp). P-gp is a drug efflux pump that reduces the intestinal absorption and blood-brain barrier penetration of certain drugs</p> <ul style="list-style-type: none"> This genotype is associated with increased exposure and side effect burden to several antidepressants Studies have shown, however, that people with this variant responded to lower doses, had higher remission rates, or decreased time to response for citalopram, escitalopram, paroxetine, venlafaxine, amitriptyline, nortriptyline, or trimipramine 		Be advised that there may be increased exposure to medications affected by ABCB1
<p>CYP1A2 EM</p> <p>*1F/*1F [Normal activity but sensitive to induction]</p>	<p>Extensive metabolizer (Induction Sensitive): This genotype confers normal activity, except in the presence of inducers. In the presence of inducers, risk of decreased serum levels. Also risk of possible adverse events associated with active metabolites</p> <ul style="list-style-type: none"> CYP1A2 *1F is highly induced by certain substances including tobacco/marijuana smoke, excessive coffee consumption or other medications; if patient uses these substances, a higher dose of CYP1A2 substrates may be considered A dose adjustment or alternate therapy may be considered in the presence of inducers 		Be advised that there may be altered exposure to medications metabolized by CYP1A2 in the presence of inducers
<p>CYP2B6 EM</p> <p>*1/*1 [Normal activity]</p>	<p>Variations in the CYP2B6 liver enzyme can result in altered drug metabolism and unexpected drug serum levels</p> <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism)
<p>CYP2C19 EM</p> <p>*1/*1 [Normal activity]</p>	<p>Variations in the CYP2C19 liver enzyme can result in altered drug metabolism and unexpected drug serum levels</p> <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism)

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II. PHARMACOKINETIC GENE VARIATIONS

GENE RESULT	THERAPEUTIC IMPLICATIONS	GUIDE	CLINICAL IMPACT
CYP3A4 *1/*1 CYP3A5 *3/*3 [Normal activity]	<p>Variations in the CYP3A4/5 liver enzymes can result in altered drug metabolism and unexpected drug serum levels</p> <ul style="list-style-type: none"> 3A5 non-expresser CYP3A activity is determined by the sum activity of the CYP3A family of genes; in adults the most influential are 3A4 and 3A5 This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism)
UGT2B15 EM *1/*1 [Normal activity]	<p>Variations in the UGT2B15 liver enzyme can result in altered drug metabolism and unexpected drug serum levels</p> <ul style="list-style-type: none"> This genotype confers normal activity 		Normal metabolism is expected (other factors may influence metabolism)
ABCB1 (rs1045642) G/G [Normal activity]	<p>ATP Binding Cassette B1 (ABCB1) encodes for P-glycoprotein (P-gp). P-gp is a drug efflux pump that reduces the intestinal absorption and blood-brain barrier penetration of certain drugs</p> <ul style="list-style-type: none"> This genotype is associated with normal activity of P-gp 		Normal exposure is expected (other factors may influence drug exposure)


























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III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIDEPRESSANTS					
SSRIs	 Citalopram (Celexa®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF	↑	2C19, P-gp
	 Escitalopram (Lexapro®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF	↑	2C19, P-gp
	Fluoxetine (Prozac®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF	↑	2D6, 2C9
	 Fluvoxamine (Luvox®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF	↑	2D6, 1A2, P-gp
	 Paroxetine (Paxil®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF	↑	2D6, P-gp
	 Sertraline (Zoloft®)	 Lower odds of remission or response and increased side effects in Caucasians  Higher odds of remission or response in Asians	SLC6A4,BDNF		2C19, 2B6
SNRIs	Desvenlafaxine (Pristiq®)				
	 Duloxetine (Cymbalta®)	 Possible higher odds of remission or response in Caucasians	BDNF	↑	1A2, 2D6
	Levomilnacipran (Fetzima®)				3A4/5
	 Venlafaxine[1] (Effexor®)	 Possible higher odds of remission or response in Caucasians	BDNF	↑	2D6, 2C19, 3A4/5, P-gp
Other	Bupropion[1] (Wellbutrin®)				2B6
	Esketamine (Spravato®)				2B6, 3A4/5
	 Mirtazapine (Remeron®)			↑	2D6, 3A4/5, 1A2
	Nefazodone				3A4/5
	Trazodone (Desyrel®, Oleptro®)			↑	3A4/5, 2D6
	Vilazodone (Viibryd®)				3A4/5
	 Vortioxetine (Trintellix®)			↑	2D6, 3A4/5



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Reduced Drug Exposure with 1A2 Inducers



Drug Exposure

 [1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIDEPRESSANTS					
TCAs	Amitriptyline (Elavil®)			↑	2D6, 2C19, P-gp
	Amoxapine (Asendin®)			↑	2D6
	Clomipramine (Anafranil®)	Possible higher odds of remission or response in Caucasians	BDNF	↑	2D6, 2C19, 1A2
	Desipramine (Norpramin®)			↑	2D6
	Doxepin (Sinequan®)			↑	2D6, 2C19
	Imipramine (Tofranil®)			↑	2D6, 2C19
	Nortriptyline (Pamelor®)			↑	2D6, P-gp
	Protriptyline (Vivactil®)			↑	2D6
	Trimipramine (Surmontil®)			↑	2D6, 2C19, P-gp
MAOIs	Phenelzine (Nardil®)				
	Selegiline (Eldepryl®, Emsam®)				2B6
	Tranylcypromine (Parnate®)				
MOOD STABILIZERS/ANTICONVULSANTS					
	Carbamazepine (Equetro®, Tegretol®)	Do not initiate therapy: Higher risk of drug induced skin reactions	HLA-B		3A4/5
	Gabapentin (Neurontin®)				
	Lamotrigine (Lamictal®)	Possible higher risk of drug induced skin reactions	HLA-B	↓	UGT1A4
	Lithium (Lithobid®, Eskalith®)				
	Oxcarbazepine (Trileptal®, Oxtellar®)	Do not initiate therapy: Higher risk of drug induced skin reactions	HLA-B		
	Pregabalin (Lyrica®)				
	Topiramate (Topamax®)				
	Valproate (Depakote®, Depakene®)			↑	2C9



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

Reduced Drug Exposure with 1A2 Inducers



Drug Exposure

[1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIPSYCHOTICS					
2nd Generation Antipsychotics	 Aripiprazole (Abilify®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5, P-gp
	Asenapine (Saphris®)			↓	1A2, UGT1A4
	 Brexpiprazole (Rexulti®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5
	Cariprazine (Vraylar®)				3A4/5
	Clozapine (Clozaril®)	 Higher risk of weight gain	MC4R	↑	1A2, 2D6, 3A4/5, P-gp
	 lloperidone (Fanapt®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5
	Lurasidone (Latuda®)				3A4/5
	Olanzapine (Zyprexa®)	 Higher risk of weight gain	MC4R		1A2, P-gp
	Paliperidone (Invega®)	 Higher risk of weight gain	MC4R		
	Pimavanserin (Nuplazid®)				3A4/5
	Quetiapine (Seroquel®)	 Higher risk of weight gain	MC4R		3A4/5
	 Risperidone (Risperdal®)	 Higher risk of weight gain	MC4R	↑	2D6, 3A4/5, P-gp
	Ziprasidone (Geodon®)				



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Reduced Drug Exposure with 1A2 Inducers








Drug Exposure



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III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ANTIPSYCHOTICS					
1st Generation Antipsychotics	Chlorpromazine (Thorazine®)			↑	2D6
	Fluphenazine (Prolixin®)			↑	2D6
	 Haloperidol (Haldol®)			↑	2D6, 3A4/5
	Loxapine (Adasuve®, Loxitane®)				3A4/5, 1A2
	Perphenazine (Trilafon®)			↑	2D6
	 Pimozide (Orap®)			↑	2D6, 3A4/5
	 Thioridazine (Mellaril®)			↑	2D6
	Thiothixene (Navane®)				1A2
	Trifluoperazine (Stelazine®)			↓	1A2, UGT1A4

ANXIOLYTICS					
	Alprazolam (Xanax®)				3A4/5
	Buspirone (Buspar®)				3A4/5
	Chlordiazepoxide (Librium®)				3A4/5, UGT2B15
	Clonazepam (Klonopin®)				3A4/5
	Clorazepate (Tranxene®)				UGT2B15
	Diazepam (Valium®)				2C19, 3A4/5, UGT2B15
	Hydroxyzine (Vistaril®)				
	Lorazepam (Ativan®)				UGT2B15
	Oxazepam (Serax®)				UGT2B15
	Temazepam (Restoril®)				UGT2B15



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Reduced Drug Exposure with 1A2 Inducers



Drug Exposure

 [1] See Gene Drug Interaction Summary footnotes for more information

III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
ADHD MEDICATIONS					
Dopaminergic Stimulants	Amphetamine-Dextroamphetamine (Adderall®, Evekeo®)	Higher odds of response	COMT	↑	2D6
	Dexmethylphenidate (Focalin®)	Higher odds of response	ADRA2A,COMT		
	Dextroamphetamine (Dexedrine®, Procentra®, Zenzedi®)	Higher odds of response	COMT	↑	2D6
	Lisdexamfetamine (Vyvanse®)	Higher odds of response	COMT	↑	2D6
	Methamphetamine (Desoxyn®)	Higher odds of response	COMT	↑	2D6
	Methylphenidate (Ritalin®, Concerta®, Daytrana®, Metadate®)	Higher odds of response	ADRA2A,COMT		
Other	Atomoxetine (Strattera®)			↑	2D6
	Clonidine (Kapvay®)			↑	2D6
	Guanfacine (Intuniv®)				3A4/5
SUPPLEMENTS					
	L-methylfolate (Deplin®)	May benefit from methylfolate supplementation	MTHFR		
SLEEP MODULATORS					
	Armodafinil (Nuvigil®)				3A4/5
	Eszopiclone (Lunesta®)				3A4/5
	Modafinil (Provigil®)				3A4/5
	Ramelteon (Rozerem®)				1A2
	Suvorexant (Belsomra®)				3A4/5, 2C19
	Zaleplon (Sonata®)				3A4/5
	Zolpidem (Ambien®)				3A4/5



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Reduced Drug Exposure with 1A2 Inducers



Drug Exposure

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III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
PAIN					
Non-opioid analgesics	Acetaminophen (Tylenol®)				
	 Celecoxib (Celebrex®)			↑	2C9
	Diclofenac (Voltaren®, Cataflam®)			↑	2C9
	Flurbiprofen (Ansaid®)			↑	2C9
	Ibuprofen (Advil®, Motrin®)			↑	2C9
	Ketorolac (Toradol®)				
	Meloxicam (Mobic®)			↑	2C9
	Naproxen (Aleve®, Naprosyn®)			↑	1A2, 2C9
	Piroxicam (Feldene®)			↑	2C9
Opioid analgesics	Alfentanil (Alfenta®)	 Decreased sensitivity	COMT		3A4/5
	 Codeine[1]	 Decreased sensitivity	COMT	↑	2D6, P-gp
	Fentanyl (Duragesic®)	 Decreased sensitivity	COMT		3A4/5, P-gp
	Hydrocodone[1] (Vicodin®, Norco®, Lorcet®)	 Decreased sensitivity	COMT	↑	2D6, 3A4/5
	Hydromorphone (Dilaudid®)	 Decreased sensitivity	COMT		
	Meperidine (Demerol®)	 Decreased sensitivity	COMT		2B6, 3A4/5
	Methadone (Dolophine®, Methadose®)	 Decreased sensitivity	COMT		3A4/5, 2B6
	Morphine (MS Contin®, Kadian®)	 Decreased sensitivity	COMT		P-gp
	 Oxycodone (Oxycontin®)	 Decreased sensitivity	COMT	↑	2D6, 3A4/5, P-gp
	Oxymorphone (Opana®)	 Decreased sensitivity	COMT		
	Tapentadol (Nucynta®)	 Decreased sensitivity	COMT		
	 Tramadol[1] (Ultram®)	 Decreased sensitivity	COMT	↑	2D6, 3A4/5, P-gp



Alert/Caution



PGx Guided Options



Reduced Drug Exposure with 1A2 Inducers











Drug Exposure




[1] See Gene Drug Interaction Summary footnotes for more information


III. GENE DRUG INTERACTION SUMMARY

CLASS	MEDICATION	PHARMACODYNAMIC ASSOCIATIONS	PHARMACODYNAMIC GENE	DRUG EXPOSURE	PHARMACOKINETIC GENE
MISCELLANEOUS					
	Dextromethorphan/Quinidine (Nuedexta®)			↑	2D6, 3A4/5
	Baclofen (Lioresal®)				
	Buprenorphine/Naloxone (Suboxone®)				3A4/5
	Buprenorphine (Butrans®)	 Decreased sensitivity	COMT		3A4/5
	Cannibidiol (CBD) (Epidiolex®)				3A4/5, 2C19
	Carisoprodol (Soma®)				2C19
	Cyclobenzaprine (Flexeril®)				1A2
	Deutetrabenazine (Austedo®)			↑	2D6
	Metaxalone (Skelaxin®)				
	Methocarbamol (Robaxin®)				
	Naltrexone (Revia®, Vivitrol®)				
 	Phenytoin/Fosphenytoin (Dilantin®, Cerebyx®)	 Do not initiate therapy: Higher risk of drug induced skin reactions	HLA-B	↑	2C19, 2C9
	Tizanidine (Zanaflex®)				1A2
	Valbenazine (Ingrezza®)			↑	3A4/5, 2D6

 Alert/Caution

 PGx Guided Options



 Reduced Drug Exposure with 1A2 Inducers

 Drug Exposure

  [1] See Gene Drug Interaction Summary footnotes for more information

GENE DRUG INTERACTION SUMMARY FOOTNOTES

[1] Prodrug or highly active metabolite - requiring activation by the liver; CYP450 IMs/PMs may experience lower efficacy due to reduced conversion to the active metabolite and higher levels of the parent drug; CYP450 UMs may experience increased conversion of the parent drug, and higher levels of the active metabolite

-  Medication has FDA biomarker guidance available
 - <https://www.fda.gov/downloads/Drugs/ScienceResearch/UCM578588.pdf>
-  Medication has CPIC® or DPWG biomarker guidance available
 - <https://cpicpgx.org/guidelines/>
 - <https://www.pharmgkb.org/page/dpwg>

*References for the drug interaction summary are available upon request

IV. DEPRESSION SUMMARY

	Alert/Caution	Standard Options	PGx Guided Options
SSRIs	Citalopram	↑	
	Escitalopram	↑	
	Fluoxetine	↑	
	Paroxetine	↑	
	Sertraline		
SNRIs		Desvenlafaxine	
		Duloxetine	↑
		Levomilnacipran	
	Venlafaxine[1]	↑	
Other		Bupropion[1]	
		Mirtazapine	↑
		Nefazodone	
		Trazodone	↑
		Vilazodone	
		Vortioxetine	↑
TCAs	Amitriptyline	↑	
	Amoxapine	↑	
	Desipramine	↑	
	Doxepin	↑	
	Imipramine	↑	
	Nortriptyline	↑	
	Protriptyline	↑	
	Trimipramine	↑	

Weight Gain
 Decreased Efficacy
 Decreased Sensitivity
 Do Not Initiate
 Drug Exposure
 [1] Prodrug

Ethnic Dependent Response
 Increased Efficacy
 Increased Sensitivity
 Side Effects Risk
 Reduced Drug Exposure with 1A2 Inducers

IV. DEPRESSION AUGMENTATION SUMMARY

Alert/Caution			Standard Options				PGx Guided Options		
Aripiprazole ↑									
Brexipiprazole ↑									
			ECT						
			Esketamine						
						Exercise			
						Methylfolate			
Olanzapine/Fluoxetine ↑									
			Phenelzine						
			Quetiapine						
			Selegiline						
			TMS						
			Tranlycypromine						
			VNS						

- Weight Gain
- Decreased Efficacy
- Decreased Sensitivity
- Do Not Initiate
- Drug Exposure
- [1] Prodrug
- Ethnic Dependent Response
- Increased Efficacy
- Increased Sensitivity
- Side Effects Risk
- Reduced Drug Exposure with 1A2 Inducers

V. TEST METHODOLOGY/LITERATURE REFERENCE

TEST METHODOLOGY

This test was developed and performance characteristics were validated in the Genomind clinical laboratory. This test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). This test is used for clinical purposes and should not be regarded as investigational or for research use. This laboratory is certified under the Clinical Laboratory Improvement Amendments (CLIA) as qualified to perform high complexity clinical laboratory testing. Genomind performed the testing using standard and custom TaqMan reagents for all variants. The test results are intended to be used as prognostic and not diagnostic and are not intended as the sole means for patient management decisions.

Test Methodology Limitations: Factors influencing the amount and quality of DNA extracted include but are not limited to the amount of buccal cells extracted, patient oral hygiene, collection technique, and the presence of dietary or microbial sources of nucleic acids and nucleases. DNA quality and quantity are subject to matrix dependent influences. PCR inhibitors, extraneous DNA and nucleic acid degrading enzymes are all factors which may affect the evaluation of assay results. Some single nucleotide polymorphism (SNP) assays are problematic due to multiple base repeats and other sequence aberrations which may hinder proper amplification and analysis. DNA purity can influence the assay. SLC6A4 contains many polymorphisms and the assay was developed and validated according to the current available scientific information. For pharmacogenetics tests like Genomind Professional PGx Express, undetected genetic and/or non-genetic factors such as drug-drug interactions may impact the phenotype. The Genomind Professional PGx Express report is based on a current understanding of the clinical relevance of the variant identified, penetrance, phenotype predictions, and recurrence risks.

Variants tested include 5HT2C rs3813929; ABCB1 C3435T rs1045642; ABCB1 rs2032583; ADRA2A rs1800544; ANK3 rs10994336; BDNF rs6265; CACNA1C rs1006737; COMT rs4680; CYP1A2 *1B, *1C, *1D, *1E, *1F, *1K and *11; CYP2B6 *4, *5, and *6; CYP2C19 *2, *3, *4, *5, *6, *7, *8, *9, *10, *17, and *35; CYP2C9 *2, *3, *4, *5, *6, *8, *11, *13, and *27; CYP2D6 *2, *3, *4, gene deletion (*5), gene duplication, *6, *7, *8, *9, *10, *11, *12, *14, *15, *17, *29 and *41; CYP3A4 *22; CYP3A5 *3, *6, *7; DRD2 rs1799732; GRIK1 rs2832407; HLA-B*15:02 presence with reflex testing for presence of HLA-B*15:13 for all positive samples and Sanger sequencing for all double positive samples; HLA-A*31:01 rs1061235; HTR2A rs7997012; MC4R rs489693; MTHFR rs1801131 and rs1801133; OPRM1 rs1799971; SLC6A4 rs25531 and rs63749047; UGT2B15 rs1902023; and UGT1A4 rs2011425. Other known variants that are not listed are not detected and will not be included in the test report.

Version 3.0 [05/20/2019]

LITERATURE REFERENCES


THE LITERATURE INFORMATION UPON WHICH THIS REPORT RELIES WAS AGGREGATED AND REVIEWED BY GENOMIND, INC. SUMMARIES OF THESE NUMBERED REFERENCES BELOW ARE AVAILABLE UPON REQUEST OF GENOMIND'S COMPREHENSIVE LITERATURE SUMMARY [V2019-05].


Gene	References
5HT2C	10-24
ADRA2A	25-33
ANK3	34-57
BDNF	58-78
CACNA1C	34, 37-39, 42, 47-55, 79-97
COMT	28, 98-131
DRD2	132-138
GRIK1	139-143
HLA-A *31:01	145-149
HLA-B *15:02	146-147, 150-157
HTR2A	71, 158-164
MC4R	21, 23, 165-172

Gene	References
MTHFR	173-185
OPRM1	186-197
SLC6A4	163, 198-214
ABCB1	215-233
UGT1A4	235-238
UGT2B15	238-241
CYP1A2	20, 164, 247-250, 252, 258-281, 286-288
CYP2B6	247-252, 273, 284, 288-305
CYP2C9	247-257, 261, 288, 306-312
CYP2C19	15, 242, 244, 247-252, 254-255, 273, 284, 288, 306, 311-323
CYP2D6	15, 20, 244-245, 247-252, 254-255, 258, 261, 273-274, 288, 306, 311-314, 322, 324-344
CYP3A4/5	15, 20, 247-252, 258, 261, 273-274, 282-285

VI. PATIENT'S GENOMIND RX METATYPE™ CARD

Your Genomind Rx MetaType™ wallet card includes information on six liver enzymes that are responsible for the metabolism of most drugs, and identifies your unique enzyme profile (your genotype). It is intended for use by your current, additional or future healthcare providers. This genetic information is mentioned in the FDA prescribing information of many drugs, and may provide useful prescribing recommendations. The websites on the back of the card provide more information.

		Example Patient #1000001111	
Rx MetaType™ Card			
Gene	Genotype	Phenotype	Clinical Meaning*
CYP1A2	*1F/*1F	Extensive	Normal Metabolism, but ↑ metabolism in smokers
CYP2B6	*1/*1	Extensive	Normal Metabolism
CYP2C19	*1/*1	Extensive	Normal Metabolism
CYP2C9	*1/*3	Intermediate	↓ Metabolism of some drugs
CYP2D6	*4/*4	Poor	↓ Metabolism of some drugs
CYP3A4/5	*1/*1, *3/*3	Normal	Normal Metabolism


Issued Date: 04/05/2019


FOR USE BY HEALTHCARE PROFESSIONALS ONLY


Most medicines are metabolized by liver enzymes. Like blood types, you have a specific genetic profile which can affect the rate of metabolism, and may influence the dose of medicines prescribed for you. You may wish to inform your healthcare provider(s) about your metabolism status, shown on the reverse. More information about specific gene/drug interactions can be found at:

<https://drug-interactions.medicine.iu.edu/Clinical-Table.aspx>
<https://www.pharmgkb.org/guidelines>
<https://www.fda.gov/downloads/Drugs/ScienceResearch/UCM578588.pdf>

***Do not discontinue or change the dose of any medicine without the advice of your healthcare provider. In addition to genetics, other factors may influence your metabolizer status.**



		Example Patient #1000001111	
Rx MetaType™ Card			
Gene	Genotype	Phenotype	Clinical Meaning*
CYP1A2	*1F/*1F	Extensive	Normal Metabolism, but ↑ metabolism in smokers
CYP2B6	*1/*1	Extensive	Normal Metabolism
CYP2C19	*1/*1	Extensive	Normal Metabolism
CYP2C9	*1/*3	Intermediate	↓ Metabolism of some drugs
CYP2D6	*4/*4	Poor	↓ Metabolism of some drugs
CYP3A4/5	*1/*1, *3/*3	Normal	Normal Metabolism


Issued Date: 04/05/2019

FOR USE BY HEALTHCARE PROFESSIONALS ONLY

Most medicines are metabolized by liver enzymes. Like blood types, you have a specific genetic profile which can affect the rate of metabolism, and may influence the dose of medicines prescribed for you. You may wish to inform your healthcare provider(s) about your metabolism status, shown on the reverse. More information about specific gene/drug interactions can be found at:

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***Do not discontinue or change the dose of any medicine without the advice of your healthcare provider. In addition to genetics, other factors may influence your metabolizer status.**